

Edmund Rice Christian Brothers North America Office of Province Life and Renewal

Spiritual Nourishment Resources

Community Prayer

Book: **Beams of Prayer**

Compiled and Edited by Lynn L. Salata

Alba House 1999

Suggested by: Br. Tom Collins

A Brief Daily Meditation on the Writings of Fr. Edward Farrell

Book: **Prayers For a Planetary Pilgrim**



Author: Edward Hays

Forest of Peace Publishing Inc. P.O. Box 269,
Leavenworth, KS 66048-0269

Submitted by: Br. Sean Whitty

This is a truly Catholic universal prayer book which contains freshly creative morning and evening prayers for each of the four seasons. It also has Psalms for the sacred seasons, for the personal seasons of our lives and psalms for all occasions. A wonderful must for all CFC communities.

Book: **Heartbeat of the Seasons: Earth Rituals For the Celtic Year**

Author: Kathleen Glennon, RSM

Columbia Press, 2005

Submitted by: Br Sean Whitty

The rituals in this book celebrate and deepen our awareness of the heartbeat of the Eternal One who pulsates through all of the Creation. The prayers revolve around the rhythms of the seasons with some lamentations for the damage that we, humans, have done to the Earth. Great prayer resource for CFC communities.

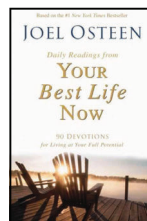
Book: **Daily Readings From Your Best Life Now**

Author: Joel Osteen

Warner Faith, 2005

Suggested by: Br. Liam Nolan

Not a Catholic book but very suitable for short daily reflections for busy people.



Book: **The Circle of Life: The Heart's Journey Through the Seasons**

Author: Joyce Rupp/Macrina Wiederkehr

Sorin Books: Notre Dame Press, 2005

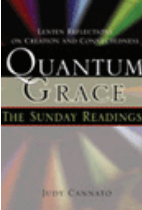
Submitted by: Br. Sean Whitty

This prayer resource uses reflections, poems, prayers and meditations which invite us to listen carefully and closely to the Wisdom of each season. A wonderful resource for the CFC communities.

Cosmology

Book: **Radical Amazement**

Book: **Quantum Grace: Lenten Reflections on Creation and Connectedness**



Author: Judy Cannato

Ave Maria Press, 2006

www.judycannato.com

Submitted by: Br. Sean Whitty

Radical Amazement is an excellent

introduction to the New Universe Story. It is easy to read. A wonderful spiritual book.

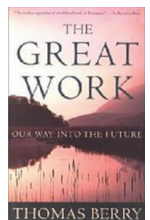
Quantum Grace is great for the season of Lent as it has daily reflections on the New Universe Story.

Book: **The Great Work**

Author: Thomas Berry

Harmony/Bell Tower, November 2000

The world can only exist if humans understand how to commune with the natural world rather than exploit it. Berry provides us with a great challenge in this book. It is worth reading and reflecting on.



Book: **The Christian Future and the Fate of the Earth**

Author: Thomas Berry Edited by: Mary Evelyn Tucker and John Grim

Orbis Books, 2009

Submitted by: Br. Sean Whitty

This is Thomas Berry's last work just published in which he reflects on Christianity and the environmental crisis of our time. In this volume he presents a compelling vision of the sacredness of the Universe and the interrelatedness of the Earth community. A great summary of Berry's life's work.

Spirituality

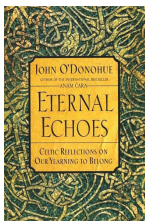
Book: **Begin With The Heart**

Author: Father Daniel O'Leary

Columbia Press, 2008

Submitted by: Br. Sean Whitty

This readable book offers some nourishment and new inspiration for all who want to live a heart-centered spirituality. O'Leary calls for a new dynamic theology and a vital spirituality for today's catechists and educators.



Book: **Eternal Echoes: Celtic Reflections On Our Yearning To Belong**

Author: John O'Donohue

Book: The Gift of Years, Author: Joan Chittiser
Bluebridge, 2008

Suggested by: Br. Tom Collins

Book: **The Holy Longing**

Author: Ronald Rolheiser

Doubleday, 1999

Submitted by: Br. Jason Ford

This book is for those searching to understand what Christian spirituality means and how to apply it to their own lives.

Book: **My Life With The Saints**

Author: James Martin SJ

Loyola Press, 2006

Suggested by: Br. Kiril Cavet

This book is thoroughly readable; most interesting chapters are those that tell of saints who seem out of sync with 21st century Catholicism.

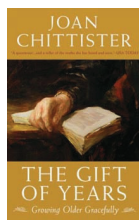
Book: **The Gift of Years-Growing Old Gracefully**

Author: Joan Chittiser

Novalis, 2008

Suggested by: Br. Bill Howard

This book examines the many dimensions of the aging process with its struggles, challenges, surprises, pains and joys.



Book: **By Way of the Heart**

Author: Wilkie Au, SJ

Paulist Press, 1989

Suggested by: Br. Matt Popish

A wholistic approach to spirituality and religious life.

Book: **Hostage To The Devil**

Author: Malachi Martin

Harper, 1987 and 1992

Suggested by: Br. Pat Rowland

This book is excellent and based on the author's own experience as exorcist.

Book: **God's Eye is On The Sparrow**

Author: Bob Hurd and Anawim, OCP

Suggested by: Br. Jason Ford

Book: **In the Breaking of The Bread**

Author: Bob Hurd and Anawim, OCP

Book: A Friendship Like No Other, Author: William Barry SJ
Loyola Press, 2008

Submitted by: Br. Jim Van Koolbergen

A heart changing approach to living joyfully in God's friendship with reflections and exercises in Ignatian spirituality tradition.

Book: **Edmund Rice: The First Christian Brothers**

Author: Daire Keogh

MPG Books, Bodmin, Cornwall, 2008

Submitted by: Br. Kevin Griffith

A refreshing historical perspective on the life of Edmund Rice and the founding of the two congregations.

Theology

Book: **Eat This Book**

Author: Eugene H. Peterson

Wm. Erdmans Publishing Company, 2006

Suggested by: Br. Jason Ford

A way to encounter the Bible anew.

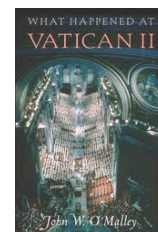
Book: **What Happened at Vatican II**

Author: John W. O'Malley

Belnap Press of Harvard University Press, 2008

Suggested by: Br. David MacIntyre

An interesting, balanced and readable summary of the Vatican Council II.



Book: **Jesus-The Christ: Contemporary Perspectives**

Author: Brennan Hill

23rd Publications, 1991, 2000

Submitted by: Br. Jim Van Koolbergen

A very readable comprehensive study of Jesus of Nazareth and the Christ of faith.

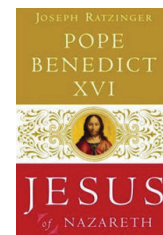
Book: **Jesus of Nazareth (From the Baptism in the Jordan to the Transfiguration)**

Author: Joseph Ratzinger

Publisher: Ignatius Press 2007

Submitted by: Br. W. Harris

Comments: Bothered by the gap between the "historical Jesus" and the "Christ of faith", the author sets out to produce a unified picture. While recognizing that the historical-critical method is an indispensable tool, he says it is limited because it has to leave the biblical word in the past. If we consider scripture as addressed to us today, it is necessary to carry the historical-critical method forward toward a proper theology; otherwise it remains just history. This book is the fruit of a theologian-scholar's search "for the face of the Lord". The fact that he is Pope gives his reflections a certain credibility. It has been translated from the German, in my opinion excellently. Not a short book, but well worth the effort of reading it.

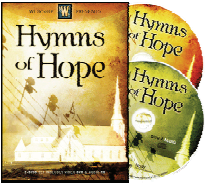


Music For Community Prayer & Reflection

CD: **Be Still**

David Kauffman
Music Services, 2002

This CD has music for stillness and quiet and is very heart-centered. Highly recommended.



CD: **Hymns of Hope**

NOW Nature of Worship

Check out the web page: www.worship.net
or call 1-877-2-worship

CD: **Invisible Mystery: Contemplative Music**

CD: **Comfort My People Hymns For Advent**

Monica Brown
135 Coleen Ave. Livermore, CA 94550 Tel: 925-449-1261
www.emmauspublishations.com

Monica Brown's music is very peaceful, gentle and stirring.
Her music is great for community prayer.

CD: **Secret Garden**

Mercury: Polygram Publishing, Norway
This CD has wonderful haunting instrumental and vocal music with a different twist. Great for community prayer.

CD: Eckhart Tolle's Music To Quiet the Mind

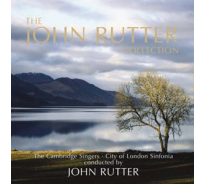
www.soundstrue.com

Great music to quiet the mind.

CD: **John Rutter Collection**

Collegium Records

This CD contains some beautiful sacred music of praise sung by the Cambridge Singers: City of London.



CD: **Ave Maria: Sacred Arias and Choruses**

www.naxos.com

Classical music that can be used at any time in community celebrations.

CD: **Fountain of Life**

Margaret Rizza

GIA Publications www.giamusic.com

Her CD's are wonderful for contemplative worship.

CD: **Sing To God: Taize and UBI Caritas**

GIA Publications www.giamusic.com

Taize music is very useable for any community celebration and is highly recommended.

If you have suggestions for *Spiritual Nourishment Resources*, please send them to Br. Seán Whitty:

fswitty@hotmail.com

Be sure to include:

Category

Community Prayer

Cosmology

Spirituality

Theology

Music For Community Prayer and Reflection

Type of resource (book, CD, DVD, etc.)

Author, editor, musician, etc.

Date of publication/release

Name, address, telephone, website, etc. of publisher/source

Your Name

One or two sentence comment/review

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Office of Province Life and Renewal

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