



— PAUSE FOR PRAYER —



I need to remember this, Lord:
just to sit in your presence, in silence,
is a prayer...

To find a quiet place,
to remember you are near:
this is a prayer...

To sit in the stillness,
to ponder the mystery: this is a prayer...

To take a deep breath,
to inhale your peace: this is a prayer...

To hear my heart beat,
the pulse of your presence: this is a
prayer...

To close my eyes to the world around,

to open my heart to you within,
this is a prayer...

To open my hands, let go my worry
and wait to be filled: this is a prayer...

Though my heart find no words,
you hear my silent prayer,
in the stillness, close by your side...

When I struggle to find even one word to
say, you know before I
what my soul wants to pray...

When my prayer spills out all jumbled,
you know precisely what my heart
intends...

When I can't hear your voice
I trust that your silence
begins to answer my prayer...

You read my mind and all of my
thoughts; you search my heart, its
sorrows and joys; you know my plea
before I pray...

I need to remember this, Lord:
just to sit in your presence,
in silence, is a prayer...





PRAYER REQUEST

For the repose of the soul of Elizabeth Oloo Aluko, grandmother to Sammy Muga, who passed away on Sunday 26th March 2017.

RUBEN BOARD WORKSHOP

Ruben Centre's Board members gathered at St. Joseph's Conference Centre in Karen for a weekend workshop, led by our PALMS Volunteer, Bev Watkinson. This was a timely workshop, given the recent addition of three new members onto the Board so the occasion served as a good induction of these new members.



The gathering began with a ritual, highlighting the spiritual, cultural and professional principles, upon which the centre is built. The highlight of the day was a fiercely contested Trivia competition on the topic: "Ruben and Mukuru slum". Members certainly left the day with an enhanced knowledge of

the Centre and its social and physical environment.

Bev then engaged the members with a process touching on the following themes:

- Who are we?
- What are our strengths?
- How do we use these strengths?
- Models of Boards
- Evaluation of where the Board is at now in terms of human resources, working framework, roles and responsibilities.

Time was then spent on what could the Board be into the future with the ultimate destination being a completed annual work plan. This outcome was not completed, but as we all know the journey is the destination and all things are a work in progress.





The weekend was both fruitful and an enjoyable time and all members left with a greater commitment to the journey.

Br Frank O'Shea

———— **ERAN YOUTH PEACE TOURNAMENT** ————



ERAN held its first ERAN Youth Peace Tournament (the first in its scheduled 3-year competition) from 31st March to 2nd April, 2017. The meeting was aimed at promoting peace among the youth, especially important in this electioneering period in accordance with our Human Rights and Peacebuilding Program objectives. The event brought



together 8 Men's Teams and 2 Ladies Teams from Dagoretti South and Kibera Sub-Counties. It involved one-day training on Peace building and a two-day knock-out tournament.

The event was held in collaboration with the Pentecostal Transformation Ministries, Franciscan Africa, Kuunganisha, World Peace Initiative, among other partners.

Mr Ludivicus Omollo





NOTICE NOTICE NOTICE

———— **BROTHER BEAUSANG CATHOLIC EDUCATION CENTRE-
FEAST OF BLESSED EDMUND RICE MASS and
“BUS HARAMBEE”** ————

Brother Beausang school will be celebrating the feast of Blessed Edmund Rice on Friday May 5th with a special Mass at 9.00 a.m. at Embulbul Catholic Church. Bishop John Oballa the Bishop of Ngong Diocese will be the celebrant.

Following Mass there will be a blessing of “Eddie’s Workshop”, the school’s recently completed trade building.

A Harambee to raise funds towards the school acquiring its own bus will then commence at 11.00 a.m.

All members of the wider Edmund Rice family are invited to attend all or part of the day. Lunch and entertainment will be part of the Harambee.

RSVP to Br. Sunday Constantine – 0700 447 844

Mr Peter Shanahan
Principal

———— **RE-MATCH WITH ERKG** ————

Another football match between “the Brothers” and the ERKG youth is planned for the afternoon of MONDAY, APRIL 17 – i.e. immediately after the assembly concludes.

Venue - the old Regina Pacis field in Otiende;
kick-off at 3 pm.

All Brothers are invited to participate in the game – either by playing or cheering the team.

BIRTHDAYS

APRIL	07	KEVIN DELANEY (Shams)
	11	NICHOLAS MUTISO (Senanga, Zambia)
	15	ALPHAS ODOYO (First year Novice – Lusaka)
	17	DOMINIC MWANIA (Limulunga, Zambia)
	18	JULIAS OLUOCH (Shams)





CALENDAR

April 4-8	EREA immersion
April 13-17	District Assembly – Mary Ward
April 18	Community Leaders Meeting
April 20	Departure of OP group to India
May 2-7	Mission Capacity Support Team Meeting
May 15-16	Formation Committee Meeting
May 15-19	PLT Meeting
May 27	Br Pascal Kituku's death anniversary
May 31 – June 6	AP Long Workshop
June 26-30	Accompaniment In-services training

Many blessings

George

